



An 'Hebertist group' WHY, HOW?

Jacques et Pierre HEBERT



INTRODUCTION

HEBERT's family

wants to warmly thank the belgium organization
and all of participants (some are coming from far away...)

HEBERT FAMILY

Georges and Yvonne HEBERT

- Jeanne +
 - Gérard +
 - 4 children
 - Marie dominique
 - Denis +
- Régis +
 - Jacques
 - Pierre
 - Sabine (italy)
 - Jean

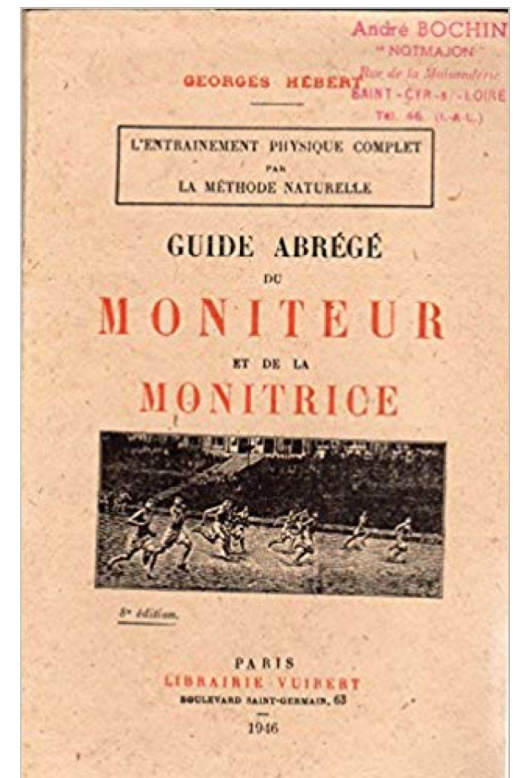
GEORGES HEBERT: THE PHYSICAL SOUVENIRS

PERSONAL SOUVENIRS: furniture, swords, palestra elements, college d'athlete elements, pictures, letters, personal objects, medals...

BOOKS: 4500 books, 6 films

COPYRIGHT: copyright on books and texts. Last book is dated 1959

BRANDS: hébertisme, méthode naturelle, gymnastique naturelle are deposited brands



THE FAMILY AND THE HERITAGE

From 1957 to 2017: Everything was taken care of by Régis HEBERT

From 2018: The family has decided

- to renew relations with hebertists
 - to help the creation of the GROUP (thanks to a fairly well known name!!)
 - to give all souvenirs, books, films... to the ASSOCIATION GEORGES HEBERT (created in 1981)
 - not to take any financial income from the elements
-

9 months of intense public relations for semenep 2019

- italy
 - Alicante (spain)
 - sport nat in Belgium
 - Ehlinger (Stuttgart)
 - centre Hébert d'Aulnay
 - centre Hébert de Nantes
 - centre Hébert de Bordeaux
 - centre hébert d'Orleans
 - french army
 - city of Vence
 - city of Bouc
 - Gymnastique volontaire
 - Pierre Philippe Meden
 - university of Saclay
 - university of Bresil
 - urban challenge
 - Erwann le Corre (movnat)
 - Philippe Til
 - medellin (colombie)
 - Hugo Colin (movnat Montpellier)
 - Sébastien Foucan (parkour)
 - HUET (pompiers de paris)
 - bibliothèque nationale de France (digitalization of all books...)
-

months of intense work for semenep 2019

- **personal souvenirs and books**
 - **filmed interview**
 - **website**
 - **on line book store**
 - **2 presentations for semenep**
-

HEBERT'S FAMILY POSITION



REMINDER: METHODE NATURELLE for the dummies

the POLE: METHODE NATURELLE: 3/10/15

3 dimensions

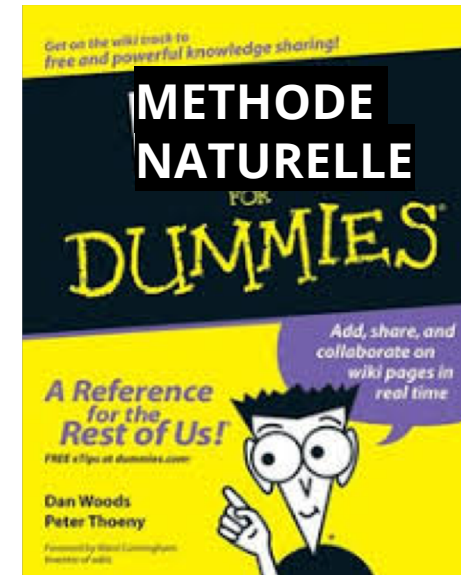
- a physical culture
- an action culture
- an ethical culture

10 families

15 rules

We refer to “Tome 1, 1936 edition” book from Georges HEBERT

(Available in the 1974 re-edition with some texts added by Régis HEBERT)



REMINDER: HEBERTISM for the dummies

prepare () oneself to life by

- *physically strengthening oneself*
- *learning that one can only count on himself*

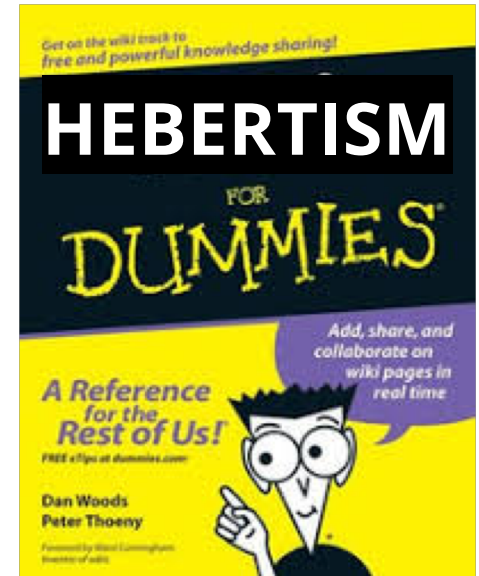
(translated from Palestra program booklet)

6 items developed in the Palestra booklet

1. a complete training by methode naturelle
2. training to manual tasks : cooking, gardening, painting, fixing domestic elements
3. moral and mental education: group life, fairness, mutual respect, honesty
4. intellectual training: lectures on literature and history
5. artistic education: dancing, singing, conferences on art
6. a naturist initiative: Open air, healthy food

Hebertism

- is more a 'way of life' than a practical method
- Hard to 'evaluate', who is an true hebertist?
- Seems out of reach (as a GROUP) outside summer camps, can only be proposed to 'a few regular participants'



OUR WISH

HEBERT'S FAMILY WISHES TO

HELP A GROUP PROMOTING HEBERT'S MESSAGE

RESPECT AND NOT INTERFERE WITH THE LOCAL ACTIONS



A GROUP WITH AN ACHIEVABLE OBJECTIVE

Be honest with ourselves: what percentage today's audience is able to list the 6 items of hebertism?

Promoting METHODE NATURELLE is achievable now

Promoting HEBERTISM is a more complex issue. It may come as a second step.

Note: ambiguity! most people use the expression 'hebertism' instead of 'méthode naturelle'

LET US BE AMBITIOUS !

let us start by simple and cheap actions
to learn how to work together

EXAMPLES OF FIRST ACTIONS: A common message

**Some historians have given a biased message on
HEBERT....**

**As long as rabbits will have no historian,
the history of rabbits will be written by hunters**

**we need a unified, stable and common message to
the public**

EXAMPLES OF FIRST ACTIONS: A variety of name?

Today we see a large variety of names:

- sport nat
- gymnasia natural
- hebertismo
- urban challenge
- action fitness
- centre hébertiste
- groupement hébertiste
- centre hébert

we could imagine

- A shared logo
 - a shared 'signature': member of "XXX GROUP"
-

EXAMPLES OF FIRST ACTIONS: A common website

Up to now, This is offered by HEBERT's family.

We would greatly appreciate

- pictures (with copyright to each of you)
 - digital documents (manuals, leaflets...)
 - cross link of the websites
 - a webmaster for a newsletter
 - translators...
-

EXAMPLE OF FIRST ACTIONS: legal existence

**a small group of persons to
examine the basis of the**

**federation
foundation
company
non profitable organization...?**

A CENTRALIZED GROUP?

**Never do at central level (group)
what can be done in local (members)**

For our HEBERT's family,

- **The GROUP is the POLE**
 - **The LOCALS are the FLAGS**
-

A GROUP: a touchy question: money and power.

Today

A limited financial participation will probably be a must ...

**Today, we are all volunteers,
but we live in a world where everything is payable**

too early to decide , but the question will come one day.

Should we pay the coaches?

Should we pay for travel expenses?

should we pay for google adwords?

But Further down the road

- Some of us think about profitable organizations (companies) which is fully respectable (HEBERT had his own company)
- what happens if we have 15 000 members in 10 years....

When money comes in, problems come in too

GOOD AND STABLE BASIS



THE PARKOUR DRAMA



I phoned Sébastien FOUCAN one of the creators of parkour

*"Je n'aime pas ce que le Parkour, Freerunning,, etc... est devenu !
C'est à présent un sport et un business, dans le mauvais sens du
terme !...*

*J'en ai assez de ces boissons énergisantes... Merdique avec leur
produits pourris et leurs belles vidéos pour attirer le monde"*

We have to avoid the same drama.

Parkour is now splitted in several adversary organisations...

A GROUP: THE RIGHT FOUNDATIONS.

Unity is a strength, We have to learn from the past.

We are not Georges HEBERT, but may we suggest

- that all members of the 'board of the GROUP' should be volunteers now and ever
- delegation of decision should be given to at least 2 members of the 'board of the GROUP' (4 hands and 4 eyes...)

But, it is just a suggestion...

we have to remain incorruptible.

AS A SUMMARY



AN ACHIEVABLE OBJECTIVE



We are very happy to be there, and we thank our belgium friends for this seminar.

We wish and will help a GROUP for

- acknowledgement of your groups as hebertist (sort of quality label!)
- training and reconnaissance of coaches
- promotion of an “unified, stable and authorized” message

let us start the first actions together!

ANY QUESTION???

